



## CYSL Parallel and Skills PROGRAM

Date: 2/23/2025 Site: Mt. Southington Ski Area	State: CT	PARALLEL
·	Place	Time
Radios:	Ch 1 - Ski Patrol Ch 6 - Jury, Ch 7- Maintenance	Jury Pickup Radios at 6:45 AM - Race Building
Lift Open:	Thunderbolt Triple Chair	7:00 AM
Jury Inspection:	At the scoreboard – via snowmobile.	7:00 AM
Jury:	TD:	Mike Kemmer
	Chief of Race:	Duane Bass
	Referee:	Cameron Kemmer (THDR)
(required in order to control second course)	Asst. Referee:	TBD
Course Setter: Two Parallel Courses set at parallel specs Blue - Skiers Right and Red - Skiers Left	Rick Hanbury (MTSO)	
Warmup: No warmups on the race hill.	Warmup on Avalanche or Steeplechase for skills.	Warmup on Avalanche for Parallel race.
<b>Training (Skillsquest):</b> 1.5 hours is allotted for each group to cycle through all four skills stations - twice. Stations are down Steeplechase and Thunderbolt . Follow Signage - A-B-C-D	Steeplechase and Thunderbolt	<b>U14's</b> - 8:15 – 9:45 <b>U12's</b> -10:00 – 11:30
Parallel Inspection - (two sets of inspections – one for U14 and one for U12's)	<b>U12's</b> - 7:45 AM - 8:15 AM <b>U14's</b> - 10:00 AM - 10:15 AM	
<b>Skills Inspection</b> : Quick Warmup / Inspection of skills station locations before starting the evaluations. Athletes go to Starting Station at 8:30	<b>U12</b> Inspection - 8:00 AM - 8:15 AM <b>U14</b> Inspection –10:00 AM -10:15 AM	
Entry to the Parallel course closed to Racers:	U12 Inspection - 8:15AM U14 Inspection - 10:15 AM	
Coaches in Place:	<b>U12</b> - 8:20 AM <b>U14</b> -10:20 AM	
No. of Forerunners: ( 2 ) Start Time –	Forerunners - 8:20 AM – Skills Start – 8:15 AM	
Start Time First Heat/First Racer:	U14 – 8:30 AM U12 Girls followed by boys	
	U12 – 10:30 AM U14 Girls followed by boys	
Transportation to Start:	Thunderbolt Triple Chair	
Start Intervals:	Variable	
Judges:	Meet at Thunderbolt Chair at 8:00 AM to review duties.	
Parallel - No Brackets – everyone gets two runs of seeded parallel,		U12 – Parallel Runs
against the same opponent – combined time of two runs	8:30 AM – 10:00 AM	10:30 AM – 12:00PM Time: 30 min after
Awards Ceremony:	Place: At the Official Scoreboard	conclusion

## Miscellaneous:

Athletes will move through the skill stations with their Seed Groups A-B-C-D. The seed groups are blocks of athletes with sequential bib numbers, just as they have been all season. Athletes will move through the skills stations individually as they complete each station. The hope is that all athletes will get two attempts at each skill before they are called to race.

Initial Stations: These are the stations where each group will begin the skills competition.

**Seed Group A** – Pivot Slips – top of Steeplechase.

**Seed Group B** – Pole Jumpers – bottom of first pitch of Steeplechase on skiers left.

Seed Group C – Freeski with Lane Changes - Top of Thunderbolt on skiers left.

Seed Group D - Outside Ski Skiing - bottom of Steeplechase skiers left.

Competitors will cycle downhill through each station, until they reach the bottom of the hill, then ride the chair back to the top, to resume the cycle and also, if time permits, to make a second attempt at each skill.

Parallel Race – Each athlete will make two runs of parallel against a seeded opponent – riding the chair back to the top between runs. U12's will race first while the U14's compete in skills – Once the U14's are done with skills, we will switch and U14's will race parallel and the U12's will compete in skills. Athletes are allowed to use Avalanche to practice skills and free-ski while waiting to race or waiting to begin the skills portion of the competition they should be considerate of the public. Athletes may inspect the skills stations quickly and then return to their initial stations.

WhatsApp will be used to communicate with parents and coaches. Official Notice Board is the awards stand with the big screen TVs. Unofficial Times and RF reports will be posted their as well as Live Timing and WhatsApp – Awards will take place at the Notice Board.